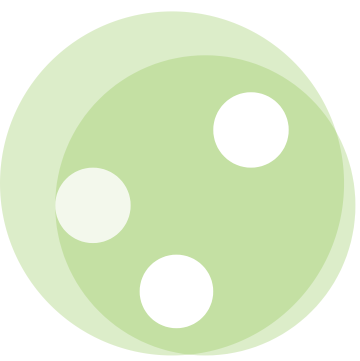


# MAKING DECISIONS TOGETHER

Making decisions **together** helps children learn **how** to make good decisions. It also provides us quality time with them so that we can build strong positive relationships while developing their ability to think.

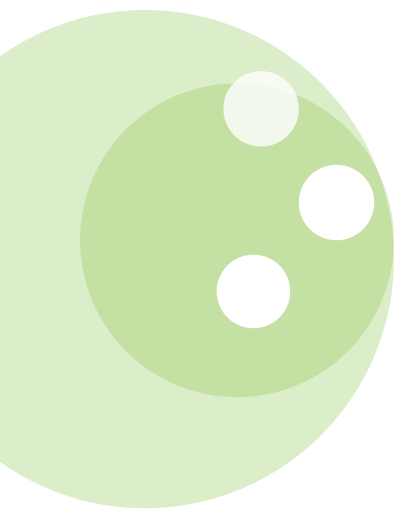


## IN THE KITCHEN

Think together about what to make for dinner. Ask children to think about what ingredients you have, how many people will be eating, and how much time you have. Ask children to keep track of the time, count out ingredients, or survey family members and then adjust their advice about what to make for dinner.

## USING COMPUTERS

We use computers for almost everything. There are so many choices. Think together about the best use of your home computer by each family member. Create a schedule together to share computer time. Decide when it would be best to use the computer for school, work, or entertainment. Most importantly, set some rules together about the safe use of computers so that children understand why the rules are needed.



## CRAFT TIME

Think together about useful items you could make at home rather than buying. To make crafts like birthday cards, placemats, bookmarks and more, children can help decide what materials, shapes, colours, and sizes are best to use for a specific purpose. Talk about the best words to use to write messages on their designs. This will help them practice using letters to create words and words to create sentences.

## OUTDOOR ACTIVITIES

Whether it is going for a walk together or caring for gardens, there are many decisions to make that children can help with. Think together about factors to consider. For example, where, how far, and how quickly you walk depends on your levels of fitness, why you are walking, and how much time you have. What and where to plant depends on why you have a garden, and the amount of space and sunlight needed. Children will become better at considering factors when deciding.

